



## GROWTH STYLE OF LEADERSHIP

### SKILL: 'COMPASSIONATE CONNECTION'

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**“Our human compassion binds us one to the other - not in pity or patronizingly, but as human beings who have learnt how to turn our common suffering into hope for the future.”** Nelson Mandela

**“You don’t build a business. You build people and then people build the business.”**  
Anonymous

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#### **DEFINITION:**

Compassionate Connection is central to Next Level Leadership: be it with ourselves, with others, in our personal or professional lives, in coaching or in business. Without compassion, leadership becomes tyranny. With compassion, leadership becomes Connection.

Compassionate Connection is the ability to find in us what we see in others. The more we do so, the more we expand, grow, relate and integrate.

To find in us what we see in others, we must break free of the ‘image’ projected on the other, and take full responsibility for what we see in the other as ours.

Taking responsibility for what we see in the other means to be deeply honest with ourselves so that we can recognize the ways in which: 1) we are / do exactly what we see in the other or an analogy of it, or 2) we have been / done what we see in the other or an analogy of it, or 3) we could be / do what we see in the other or an analogy of it.

Compassionate Connection is a natural result of Clear Thinking, Clear Feelings and Clear Relationships. The more clarity we have, the easier it becomes to recognize that we carry within the latent potentiality to be / do anything from the most terrible crimes to the greatest benevolence.

That recognition is the compassion that connects us to one another.

We live in a world of mirrors which keep reappearing in front of us until we recognize our own reflection and use it for our learning, growth and expansion.

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#### **BENEFITS:**

1. Provides connection in diversity.
2. Focus on our similarities rather than our differences.
3. Provides expansion and openness.
4. Preempts judgments, biases, and resentments.
5. Promotes intimacy and connectivity.
6. Supports “Absorption”.