

- 1. Come present to your breath, to this moment, to this now.
- 2. Attune to a Presence within beyond your body, emotions and thoughts.
- 3. Breath into the loving neutrality of this inner Presence.
- 4. Open yourself to receive of the blessings that are available for you at this time.
- 5. Ask for assistance to live Growth Leadership with grace and ease.
- 6. Describe a situation when you sense you experience(d) Growth Leadership.
- 7. Describe what you notice(d): physically, emotionally, mentally and spiritually.
- 8. Describe three simple actions or attitudes that supported your experience of Growth Leadership.
- 9. Describe an intention and three actions or attitudes you would like to track to support you in living Growth Leadership more fully.
- 10. Complete your Intentional Leadership Tracking Form with your Growth Leadership

intention and the three actions / attitudes you chose to track.

"It's fine to celebrate success, but it is more important to heed the lessons of failure." Bill Gates

> "If you are not failing every now and again, it's a sign you're not doing anything very innovative." Woody Allen

"The biggest risk is not taking any risk...In a world that is changing really quickly, the only strategy that is guaranteed to failure is not taking risks." Mark Zuckenberg