



## GROWTH STYLE OF LEADERSHIP

### SKILL: 'ABSORVATION'

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**“We cannot create observers by saying ‘observe’, but by giving them the power and the means for this observation and these means are procured through the education of the senses.”** Maria Montessori

**“Observe ‘what is’ with undivided awareness.”** Bruce Lee

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#### **DEFINITION:**

‘Absorvation’ is a mix of observation and absorption. It is observation with the body, mind, heart and spirit. ‘Absorvation’ takes observation to the **NEXT LEVEL** of assimilation.

It happens in the way a child observes something new for the first time; or an animal walks in the wilderness. It demands all our senses. It is full immersion with all our receptors open to detect the most amount of information from the environment.

It takes curiosity, openness, wit and insight to be open, blend in and receive what lies beyond the lenses of our conditioned beliefs and enculturation.

Absorvation is observation destitute of judgments, opinions or biases. It’s a state of alertness, absorption and perception capable of picking up minuscule cues and integrating them with wit, insight, acuity and creativity.

‘Absorvation’ allows us to ‘read between the lines’, to perceive beyond the obvious, to sense the invisible and to use that information with acuity.

‘Absorvation’ is the basis for ‘street smartness.’ It engages us far beyond our intellectuality to receive, perceive and sense the environment in a way far greater than what our intellect can grasp.

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#### **BENEFITS:**

1. Provides an opportunity for broader perspective and insight.
2. Allows learning and expansion through unspoken means.
3. Provides foundation for decision-making, tactics and strategies.
4. Enhances one’s ability to respond to a situation.
5. Promotes accurate assessments.
6. Supports creative, out-of-the-box solutions.