



GROWTH STYLE OF LEADERSHIP

SKILL: 'CLEAR THINKING'

“Thinking is difficult, that’s why most people judge.” Carl Jung

“You have a choice between judging and seeing, because you can not see anything while you are judging.” Anonymous

DEFINITION:

‘Clear Thinking’ is one of the most important leadership lessons. Why? Because as leaders, if we are not thinking clearly, we will dump, intensify and perpetuate our disturbances onto others through our decisions and actions.

‘Clear Thinking’ is about being aware of what sustains our thoughts, particularly negative and disturbing ones. Very often, our thoughts are based on interpretations that are not completely true. Our thoughts are usually tinted by our conditioned beliefs, and inherited patterns. Awareness of what sustains our thoughts is the door that unlocks us from our own limitations.

‘Clear Thinking’ requires us to be ruthlessly honest and very gentle with ourselves. It’s about cultivating clarity, not judgment. It’s about being a ‘Buddy’, not a ‘Bully’ to ourselves and others. As a “Buddy”, we listen, ask questions and allow expression with safety. We absorb and observe the nuances of diversity within us and in others. And, we do so with the intention of cultivating awareness and clarity from the perspective of Vertical Leadership.

As a ‘Bully’, we listen through the lenses of duality of Horizontal Leadership. We tend to criticize, judge, control and dominate our expression and that of others, and thus we limit our possibilities for expansion and growth.

BENEFITS:

1. Provides an opportunity for broader perspective and insight.
2. Allows for safety and intimacy.
3. Catalyses our driving forces of Anger, Fear and Shame for constructive purposes.
4. Enhances Vertical Leadership.
5. Promotes ways of re-directing ourselves towards our intentions.
6. Promotes healing, growth, upliftment and success.