# Intentional Leadership Tracking Form

| | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
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| WHOLESOME | [write your intention here] | | | | | | | | | | | | | |
| [write an action/attitude to support you here] | | | | | | | | | | | | | | |
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| GROWTH | | | | | | | | | | | | | | |
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| RESULTS | | | | | | | | | | | | | | |
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| CHOICE | | | | | | | | | | | | | | |
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| COMMAND & CONTROL | | | | | | | | | | | | | | |
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