



## LEADERSHIP DIMENSIONS

### SKILL: 'TRANSCENDENCE'

---

**“To recognize one’s own insanity is, of course, the arising of sanity, the beginning of healing and transcendence.” Eckart Tolle**

**“How does the ordinary person come to transcendent? For a start, I would say, study poetry.”  
Joseph Campbell**

---

#### **DEFINITION:**

Transcendence means the ability to rise above and go beyond.

If we point our finger up to the night sky in front of a dog, the dog will look at our finger; but, if we do that in front of a child, she will look at the stars, and even imagine a rocket ship to space. This is evidence of our natural ability to transcend, to rise above our immediate circumstances and go far beyond our surroundings.

We transcend because we imagine, and we imagine because we transcend.

Transcendence supports us in recognizing symbolisms, metaphors, connections and meanings; and it does so by taking us into four different stages:

- 1) INDECISION: the state of uncertainty around the current circumstances;
- 2) IDEAL: the imagined state from a perspective of elevation and upliftment;
- 3) IDENTITY: the identification with the imagined state;
- 4) IMPACT: the willingness and courage to move forward towards the imagined state.

Transcendence supplies the leader with a ‘vision’ and with the ‘Willingness’ to move forward towards that vision, to pioneer into the unknown path, to go first, to do differently and that is what inspires others to follow them and do the same.

---

#### **BENEFITS:**

1. Provides vision, enthusiasm and inspiration.
2. Allows for innovation, growth and change.
3. Offers opportunity for evolution, improvement and upgrade.
4. Creates momentum to keep going.
5. Supports an attitude of rising above and moving beyond set-backs.
6. Allows for inspiration, creativity and opportunity.
7. Prevents stagnation.