



CHOICE STYLE OF LEADERSHIP LESSON: “INTUITIVE INSTINCT”

“Ideas pull the trigger, but Intuition loads the gun.” Don Marquis

“Have the courage to follow your heart and intuition. They somehow know what you want to become.” Steve Jobs

DEFINITION:

‘Intuitive Instinct’ is the conscious and balanced use of two very powerful inner forces. Recognizing and distinguishing between Instinct and Intuition is an important part of leadership.

Instinct is our primal urge to survive and preserve life, resulting from thousands of years of memory stored in our cells manifested as automatic, and often unconscious responses.

Intuition, on the other hand, is the foresight of our direct knowing/sensing, sourced by something far greater than our conscious intellect.

Every decision-making process requires some level of interaction between these two forces.

Instinctually, as we seek survival, there is a tendency to overdo it. For example, in seeking protection and security, we become greedy; in seeking satisfaction, we become lustful, insatiable; in seeking connection, we become over-responsible, etc.

Intuitively, however, we have a chance to balance our instinctual excess by accessing a source of inner knowing/sensing (Essential Vibration) and allowing us to be in-formed by that source.

The same thing happens in reverse. Intuition which completely ignores Instinctive guidance can lead to imbalance because it bypasses relevant consideration of the limitations of the physical world.

BENEFITS:

1. Enhances decision-making
2. Supports conscious choices
3. Promotes awareness and mediation of competing forces
4. Promotes balance, flexibility and alignment
5. Creates grit and endurance to face the consequences of our choices
6. Allows for deeper levels of “Absorption”