

LIVING 'INTUITIVE INSTINCT'

Come present to your Essential Vibration and attune internally.

Open yourself to receive the blessings of this practice.

1. Think of a decision you are about to make
 2. Consider what your Instinct ('survival') says about it.
 3. Consider what your Intuition ('direct knowing') says about it.
 4. Use "Absorption" to receive guidance
 5. Share and journal any guidance / awarenesses you receive.
 6. Thank your partner.
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"Instinct is something which transcends knowledge. We have undoubtedly, certain finer fibres that enable us to perceive truths, when logical deduction, or any other willful effort of the brain is futile." Nikola Tesla

"Imagination is more important than knowledge. For knowledge is limited, whereas imagination embraces the entire world, stimulating progress, giving birth to evolution. It is, strictly speaking, a real factor in scientific research." Albert Einstein

"I believe in intuition and inspiration... I sometimes feel that I am right. I do not know that I am." Albert Einstein